



The Diamond Approach

A Contemporary Path of Spiritual Development founded by A.H. Almaas

“The calling to know oneself is a deeply personal movement that emerges from our heart. It is a call that ignites us and draws us towards inner work. Our path then becomes following this call to its source and this is the process we call self-realisation.” A.H. Almaas

Friday 6 to Sunday 8 October 2017

Kawai Purapura Retreat Centre, 14 Mills Lane, Albany, Auckland

Times

Friday	7pm – 10pm
Saturday	10am – 5:30pm
Sunday	10am – 5:30pm

Cost \$435 (GST inclusive)

Registration & payment/s

Register by 8 September by emailing Will at willogier@gmail.com. Payment details will then be advised. Full payment is required before you can attend the retreat.

More information

For more retreat information, including accommodation options, also contact Will (see above).

For more about on Diamond Approach New Zealand see www.diamondapproach.co.nz or www.facebook.com/diamondapproachnz.



The Teacher: Christine Dveirin was invited to Auckland to establish the Diamond Approach New Zealand group in 2008. She has been a student of A.H. Almaas for many years; and it was her invitation in 1987 that first brought the work to Hawaii, where it is now well-established with three ongoing groups. She has worked with groups in Europe and is a supervising teacher for teacher training. There are two supporting teachers on the Aotearoa team – Jane Armytage and Jim McCall.

DIAMOND APPROACH, RIDHWAN DIAMOND APPROACH, RIDHWAN, and the HU symbol are registered trademarks of the Ridhwan Foundation. DIAMOND HEART, RIDHWAN DIAMOND APPROACH, and ALMAAS DIAMOND HEART RETREATS & WORKSHOPS are registered trademarks of DHAT, variously in the U.S.A and other countries.

Navigating into the Mystery of Existence

Open-ended inquiry with Courage, Confidence and Truth

“And you? When will you begin that long journey into yourself?” Rumi

Deep within, we have a desire to embark on that long journey that takes us Homeward. Yet, it seems that much of what keeps us from turning inward is that we spend much of our lives being spectators on our journey, not fully living and missing the magic available in each moment.

An analogy is that life can be like remaining within the same childhood house, with the same memories containing the same thoughts and feelings that day after day colour our familiar view of self and Reality. And this symbolic house, that in many ways has imprisoned us, is located on an imaginary shore near the water.

Each day we gaze through the same window of this familiar house and see a boat sitting on the shore tied to a tree, and day after day we have the same thought “I wonder what it would be like to get in that boat and sail into those unknown waters”.

To move beyond what we have known, confront the fears that might arise and sail into those unknown waters, we need a type of confidence and support that we have not previously known.

In this retreat, we will journey into the mystery of what we are by exploring three very important essential qualities of *Courage, Confidence and Truth*.

We will also deepen our relationship with inquiry - opening and exploring these essential qualities. It doesn't matter whether you are new to this Work, or you have been in this Work for years - our process is one of deepening in practice. We will practice together by engaging in open-ended inquiry into wherever you find yourself in the moment. Each moment can then be a doorway into one's essential nature.

Open-ended inquiry takes us inside our experience so that we can know Essence intimately from the inside out and feel at Home. As A.H. Almaas says, “open-ended inquiry can be very much like ‘crawling inside God’s Bosom’”.