



The Diamond Approach

A Contemporary Path of Spiritual Development founded by A.H. Almaas

“The calling to know oneself is a deeply personal movement that emerges from our heart. It is a call that ignites us and draws us towards inner work. Our path then becomes following this call to its source and this is the process we call self-realisation.” A.H. Almaas

Friday 23 to Sunday 25 February 2018

Taitamariki Girl Guide Hall, Auburn Reserve, Auburn Street,
Takapuna, Auckland

Times

Friday 7 – 10pm
Saturday 10am – 5.30pm
Sunday 10am – 5:30pm

Cost \$435 (GST inclusive)

Registration & payment/s

Register by 26 January
with Will at willogier@gmail.com
(please include your mobile)

Payment details will be advised.
Full payment before the retreat.

More information

For additional information,
contact Will or see www.diamondapproach.co.nz,
or www.facebook.com/diamondapproachnz.

The Teacher: Christine Dveirin was invited to Auckland to establish the Diamond Approach New Zealand group in 2008. She has been a student of A.H. Almaas for many years; and it was her invitation in 1987 that first brought the work to Hawaii, where it is now well-established with three ongoing groups. She has worked with groups in Europe and is a teacher training supervisor. There are two supporting teachers as well on the Aotearoa team – Jane Armytage and Jim McCall.



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Navigating into the Mystery of Existence

Open-ended inquiry with Compassion, Magic and Mystery

“And you? When will you begin that long journey into yourself?” Rumi

Deep within, we have a desire to embark on that long journey that takes us Homeward. Yet, it seems that much of what keeps us from turning inward is that we spend much of our lives being spectators on our journey, not fully living and missing the magic available in each moment.

An analogy is that life can be like remaining within the same childhood house, with the same memories containing the same thoughts and feelings that day after day colour our familiar view of self and Reality. And this symbolic house, that in many ways has imprisoned us, is located on an imaginary shore near the water.

Each day we gaze through the same window of this familiar house and see a boat sitting on the shore tied to a tree, and day after day we have the same thought “I wonder what it would be like to get in that boat and sail into those unknown waters.”

To move beyond what we have known, confront the fears that might arise, and sail into those unknown waters, we need real compassion to move into the mystery and magic within oneself and leave the familiar shore behind.

In this retreat, we will journey into the mystery of what we are by exploring the essential qualities of *Compassion, Peace and Power*.

We will also deepen our relationship with inquiry - opening and exploring these essential qualities. It doesn't matter whether you are new to this Work, or you have been in this Work for years; our process is one of deepening in practice. We will practice together by engaging in open-ended inquiry into wherever you find yourself in the moment. Each moment then can be a doorway into one's essential nature.

Open-ended inquiry takes us inside our experience so that we can know Essence intimately from the inside out and feel at Home. As A.H. Almaas says, “open-ended inquiry can be very much like ‘crawling inside God’s Bosom’.”